

JUN 26 2014

**510(k) Summary**

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28-May-14

American Dental Sleep Medicine, IP, LLC  
219 Ridgeview Drive  
Wexford, PA 15090

**Official Contact:** Mary Beth Rogers, President

**Proprietary or Trade Name:** Medley Gold

**Common/Usual Name:** Intraoral devices for snoring and obstructive sleep apnea

**Classification Name:** LRK - Device, anti-snoring, intraoral devices for snoring and intraoral devices for snoring and obstructive sleep apnea  
21 CFR 872.5570  
Class 2

**Predicate Devices:** K971794 – Frantz – EMA  
K113201 – ResMed – Narval CC  
K023836 – Strong Dental – SUAD

**Device Description**

The Medley Gold series oral appliance design concept is based upon the use of a standard set of upper and lower trays that have been customized by a dentist that then may have one of three (3) options attached to the trays to act as a Mandibular Repositioning Device (MRD).

The rationale for have a single set of customized trays that may have different MRD methods attached is that some patients have a personal preference and some configurations are more comfortable for them. Therefore rather than having to make another set of custom trays, the dentist may use the same trays and just change the method of MRD, i.e. bands, links, or rods, to the same set of trays.

The principle of advancing a lower tray so that it advances the mandible for the treatment of snoring and / or obstructive sleep apnea is well known and there a number of predicate devices.

The proposed Medley Gold device has three (3) methods of advancing the lower tray based upon the identical designs of 3 already cleared predicate designs.

- 1) Bands
  - a. K971794 – Frantz EMA
- 2) Links
  - a. K113201 – ResMed Narval CC
- 3) Rods
  - a. K023836 – Strong SUAD

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### Indications for Use

A customized mandibular repositioning device intended to reduce or alleviate night-time snoring and mild to moderate obstructive sleep apnea in adult patients 18 years or older.

### Environment of Use

Home, Dental offices, and Sleep laboratories

### Predicate Device Comparison:

We selected a predicate for each style of Medley Gold and present them in **Table 1** below.

**Table 1 – Rationale for the Predicate Selection**

Medley Gold	Frantz EMA (band) K971749	ResMed Narval CC (links) K113201	Strong Dental SUAD (rod) K023836
<b>Common features</b>			
<b>Indications for use</b>	Anti-snoring Mild and moderate OSA	Anti-snoring Mild and moderate OSA	Anti-snoring Mild and moderate OSA
<b>Patient population</b>	18 yo	18 yo	18 yo
<b>Customized trays</b>	Yes	Yes	Yes
<b>Principle of operation</b>	Mandibular advancement	Mandibular advancement	Mandibular advancement
<b>Means of advancement</b>			
<b>Elastomeric bands</b>	Yes		
<b>Link adjustable</b>		Yes	
<b>Rod adjustable</b>			Yes

As can be seen above there are specific predicates for each configuration of the means to advancement, i.e., links, bands or rods. All the predicates and the proposed Medley Gold have the identical indications for use, patient population and environment of use.

We will discuss in more detail each Medley Gold style and the respective predicate in the following tables.

**Table 2 – Medley Gold – Band vs. K971794 – Frantz EMA (Band)**

	Medley Gold Band	Frantz EMA K971794
<b>Indications for Use</b>	A customized mandibular repositioning device intended to reduce or alleviate night-time snoring and mild to moderate obstructive sleep apnea in adult patients 18 years or older.	Treatment nasal respiratory dysfunction of obstructive sleep apnea and snoring in those patients where advancement of the mandible and opening the bite can increase the patient's air space.

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<b>Environments of use</b>	Home, dental and Physician offices, Sleep laboratories	Home, dental and Physician offices, Sleep laboratories
<b>Patient Population</b>	Adult patients 18 years and older	Adult patients 18 years and older
<b>Contraindications</b>	<ul style="list-style-type: none"> <li>• have central sleep apnea</li> <li>• have severe respiratory disorders</li> <li>• have loose teeth or advanced periodontal disease</li> <li>• are under 18 years of age</li> </ul>	<ul style="list-style-type: none"> <li>• have central sleep apnea</li> <li>• have severe respiratory disorders</li> <li>• have loose teeth or advanced periodontal disease</li> <li>• are under 18 years of age</li> </ul>
<b>Prescription</b>	Prescription use	Prescription use
<b>Single patient, multi-use</b>	Yes	Yes
<b>Limitation of duration of use</b>	No limitation	No limitation
<b>Principle of operation / means of mandibular advancement</b>	Adjustment of the relative position of the splints by the use of elastic force pulls the mandible forward and maintains advancement thus enlarging the airway. The vertical opening of the jaw is not fixed in a single position	Adjustment of the relative position of the splints by the use of elastic force pulls the mandible forward and maintains advancement thus enlarging the airway. The vertical opening of the jaw is not fixed in a single position
<b>Design</b>		
<b>Customized tray</b>	Yes	Yes
<b>Molded in supports</b>	Yes	No
<b>Allows lateral and vertical movement</b>	Yes	Yes
<b>Buttons attach to frame to attach bands</b>	Yes	Yes
<b>Framework (support) inserted into upper and lower trays</b>	Yes	Yes
<b>Maximum protrusion of the device</b>	8 mm adjusts in 1 mm increments	8 mm adjusts in 1 mm increments
<b>Adjustment method for setting the amount of protrusion</b>	Elastomeric bands	Elastomeric bands
<b>Works by holding lower jaw forward</b>	Yes	Yes
<b>Cleaned by simple rinsing with water</b>	Yes	Yes
<b>Materials of construction</b>	Durasoft Splint Biocryl Biocryl X glue Supports, nuts, screws Bands	Similar materials

The Medley Gold - Band is viewed as substantially equivalent to the predicate device because:

#### Indications –

Substantial equivalent to predicate – Frantz EMA – K971794. Indicated for treating snoring and obstructive sleep apnea (OSA).

#### Technology / Principle of Operation –

Substantial equivalent to predicate – Frantz EMA – K971794. Both devices use a separate tray

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design with a means to adjust the lower jaw. The adjustment is a series of elastomeric bands which may be changed by the dentist to alter the mandible advancement. The proposed Medley Gold – Band is using the identical EMA bands.

#### Materials –

The materials in contact with the patient are standard off-the-shelf dental materials.

#### Environment of Use –

Similar to predicate – Frantz EMA – K971794. They are used in Home, Dental and Physician offices, and Sleep laboratories.

#### Patient Population –

Substantial equivalent to predicate – Frantz EMA – K971794. 18 years and older

**Discussion** – The proposed Medley Gold – band design is substantially equivalent to the predicate Frantz EMA (band) K971749 in all respects and does not raise any new safety or performance concerns.

**Table 3 – Medley Gold – Link vs. K113201 – ResMed Narval CC**

	<b>Medley Gold Link</b>	<b>ResMed Narval CC K113201</b>
<b>Indications for Use</b>	A customized mandibular repositioning device intended to reduce or alleviate night-time snoring and mild to moderate obstructive sleep apnea in adult patients 18 years or older.	To reduce or alleviate snoring and mild to moderate obstructive sleep apnea (OSA) in adults.
<b>Environments of use</b>	Home, dental and Physician offices, Sleep laboratories	Home, dental and Physician offices, Sleep laboratories
<b>Patient Population</b>	Adult patients 18 years and older	Adult patients 18 years and older
<b>Contraindications</b>	<ul style="list-style-type: none"><li>• have central sleep apnea</li><li>• have severe respiratory disorders</li><li>• have loose teeth or advanced periodontal disease</li><li>• are under 18 years of age</li></ul>	<ul style="list-style-type: none"><li>• have central sleep apnea</li><li>• have severe respiratory disorders</li><li>• have loose teeth or advanced periodontal disease</li><li>• are under 18 years of age</li></ul>
<b>Prescription</b>	Prescription use	Prescription use
<b>Single patient, multi-use</b>	Yes	Yes
<b>Limitation of duration of use</b>	No limitation	No limitation
<b>Principle of operation / means of mandibular advancement</b>	Adjustment of the relative position of the splints guides the mandible forward and maintains advancement thus enlarging the airway. The vertical opening of the jaw is not fixed in a single position	Adjustment of the relative position of the splints guides the mandible forward and maintains advancement thus enlarging the airway. The vertical opening of the jaw is not fixed in a single position
<b>Design</b>		
<b>Customized tray</b>	Yes	Yes

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Molded in supports	Yes	No
Allows lateral and vertical movement	Yes	Yes
Mounting screws attach to frame to attach links	Yes	Yes
Framework (support) inserted into upper and lower trays	Yes	Yes
Maximum protrusion of the device	8 mm adjusts in 1 mm increments	15 mm in 1 mm increments
Adjustment method for setting the amount of protrusion	Adjustable links	Adjustable links
Works by holding lower jaw forward	Yes	Yes
Cleaned by simple rinsing with water	Yes	Yes
Materials	Durasoft Splint Biocryl Biocryl X glue Supports, nuts, screws Links	Similar materials

The Medley Gold - Link is viewed as substantially equivalent to the predicate device because:

#### Indications –

Substantial equivalent to predicate – ResMed Narval CC – K113201. Indicated to reduce or alleviate night time snoring and treat obstructive sleep apnea (OSA).

#### Technology / Principle of Operation –

Substantial equivalent to predicate – ResMed Narval CC – K113201. Both devices use a separate tray design with a means to adjust the lower jaw. The adjustment is a series of links of different lengths that the dentist may change out.

#### Materials –

The materials in contact with the patient are standard off-the-shelf dental materials.

#### Environment of Use –

Substantial equivalent to predicate – ResMed Narval CC – K113201. They are used in Home, dental and Physician offices, and Sleep laboratories.

#### Patient Population –

Substantial equivalent to predicate – ResMed Narval CC – K113201. 18 years and older

**Discussion** – The proposed Medley Gold – link design is substantially equivalent to the predicate ResMed Narval CC (link) K113201 in all respects and does not raise any new safety or performance concerns.

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**Table 4 – Medley Gold – Rod vs. K023836 – Strong Dental SUAD**

	<b>Medley Gold Rod</b>	<b>Strong Dental SUAD K023836</b>
<b>Indications for Use</b>	A customized mandibular repositioning device intended to reduce or alleviate night-time snoring and mild to moderate obstructive sleep apnea in adult patients 18 years or older.	A custom-fitted mandibular repositioning device intended to reduce or alleviate night-time snoring and obstructive sleep apnea.
<b>Environments of use</b>	Home, dental and Physician offices, Sleep laboratories	Home, dental and Physician offices, Sleep laboratories
<b>Patient Population</b>	Adult patients 18 years and older	Adult patients 18 years and older
<b>Contraindications</b>	<ul style="list-style-type: none"> <li>• have central sleep apnea</li> <li>• have severe respiratory disorders</li> <li>• have loose teeth or advanced periodontal disease</li> <li>• are under 18 years of age</li> </ul>	<ul style="list-style-type: none"> <li>• have central sleep apnea</li> <li>• have severe respiratory disorders</li> <li>• have loose teeth or advanced periodontal disease</li> <li>• are under 18 years of age</li> </ul>
<b>Prescription</b>	Prescription use	Prescription use
<b>Single patient, multi-use</b>	Yes	Yes
<b>Limitation of duration of use</b>	No limitation	No limitation
<b>Principle of operation / means of mandibular advancement</b>	Adjustment of the relative position of the splints guides the mandible forward and maintains advancement thus enlarging the airway. The vertical opening of the jaw is not fixed in a single position	Adjustment of the relative position of the splints guides the mandible forward and maintains advancement thus enlarging the airway. The vertical opening of the jaw is not fixed in a single position
<b>Design</b>		
<b>Customized tray</b>	Yes	Yes
<b>Molded in supports</b>	Yes	Yes
<b>Allows lateral and vertical movement</b>	Yes	Yes
<b>Mounting screws attach to frame to attach rods</b>	Yes	Yes
<b>Framework (support) inserted into upper and lower trays</b>	Yes	Yes
<b>Maximum protrusion of the device</b>	8 mm adjusts in 1 mm increments	unlimited
<b>Adjustment method for setting the amount of protrusion</b>	Adjustable rods	Adjustable rods
<b>Works by holding lower jaw forward</b>	Yes	Yes
<b>Cleaned by simple rinsing with water</b>	Yes	Yes
<b>Materials</b>	Durasoft Splint Biocryl Biocryl X glue Supports, nuts, rods, screws	Similar materials

The Medley Gold - Rod is viewed as substantially equivalent to the predicate device because:

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### **Indications –**

Substantial equivalent to predicate – Strong Dental – SUAD – K023836. Indicated for treating snoring and obstructive sleep apnea (OSA).

### **Technology / Principle of Operation –**

Substantial equivalent to predicate – Strong Dental – SUAD – K023836. Both devices use a separate tray design with a means to adjust the lower jaw. The adjustment is a series of adjustable rods with the mandible adjustment set by the dentist.

### **Materials –**

The materials in contact with the patient are standard off-the-shelf dental materials.

### **Environment of Use –**

Substantial equivalent to predicate – Strong Dental – SUAD – K023836. They are used in Home, dental and Physician offices, and Sleep laboratories.

### **Patient Population –**

Substantial equivalent to predicate – Strong Dental – SUAD – K023836. 18 years and older

### **Non-clinical Testing –**

FDA has suggested that all intra oral devices will have to demonstrate that the physical properties of the materials used to fabricate the devices are equivalent to that of the predicate device. For the proposed Medley Gold customized oral appliance, all the materials for the customized tray are being used as directed by the manufacturer and are unaltered.

The materials are currently used to make customized trays which are identical to the identified predicates that also use customized trays as their base design. Each design then adds components which are used to advance the lower jaw and hold it in place while the patient sleeps.

These components, bands, links or rods, are similar to the predicates and we performed specific tests to validate these components and the method of attachment to the trays.

However the list of tests, ultimate flexural strength, ultimate flexural modulus, water sorption, water solubility, fracture toughness with modified bending test, relate to the tray materials, all of which are standardized dental materials that are FDA listed.

For those parts of the Medley Gold which are not tray materials, we performed testing to demonstrate that the support components perform as intended

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**Substantial Equivalence Conclusion –**

The sponsor has demonstrated through testing and comparison to the predicates that the proposed device can be found substantially equivalent.





DEPARTMENT OF HEALTH & HUMAN SERVICES

Public Health Service

Food and Drug Administration  
10903 New Hampshire Avenue  
Document Control Center - WO66-G609  
Silver Spring, MD 20993-0002

June 26, 2014

American Dental Sleep Medicine, IP, LLC  
C/O Mr. Paul Dryden  
ProMedic, Incorporated  
24301 Woodsage Drive  
Bonita Springs, FL 34134

Re: K140435

Trade/Device Name: Medley Gold Series Oral Appliances  
Regulation Number: 21 CFR 872.5570  
Regulation Name: Intraoral Devices for Snoring and Obstructive Sleep Apnea  
Regulatory Class: II  
Product Code: LRK  
Dated: May 28, 2014  
Received: May 29, 2014

Dear Mr. Dryden:

We have reviewed your Section 510(k) premarket notification of intent to market the device referenced above and have determined the device is substantially equivalent (for the indications for use stated in the enclosure) to legally marketed predicate devices marketed in interstate commerce prior to May 28, 1976, the enactment date of the Medical Device Amendments, or to devices that have been reclassified in accordance with the provisions of the Federal Food, Drug, and Cosmetic Act (Act) that do not require approval of a premarket approval application (PMA). You may, therefore, market the device, subject to the general controls provisions of the Act. The general controls provisions of the Act include requirements for annual registration, listing of devices, good manufacturing practice, labeling, and prohibitions against misbranding and adulteration. Please note: CDRH does not evaluate information related to contract liability warranties. We remind you, however, that device labeling must be truthful and not misleading.

If your device is classified (see above) into either class II (Special Controls) or class III (PMA), it may be subject to additional controls. Existing major regulations affecting your device can be found in the Code of Federal Regulations, Title 21, Parts 800 to 898. In addition, FDA may publish further announcements concerning your device in the Federal Register.

Please be advised that FDA's issuance of a substantial equivalence determination does not mean that FDA has made a determination that your device complies with other requirements of the Act or any Federal statutes and regulations administered by other Federal agencies. You must comply with all the Act's requirements, including, but not limited to: registration and listing (21 CFR Part 807); labeling (21 CFR Part 801); medical device reporting (reporting of medical device-related adverse events) (21 CFR 803); good manufacturing practice requirements as set forth in the quality systems (QS) regulation (21 CFR Part 820); and if applicable, the electronic product radiation control provisions (Sections 531-542 of the Act); 21 CFR 1000-1050.

If you desire specific advice for your device on our labeling regulation (21 CFR Part 801), please contact the Division of Industry and Consumer Education at its toll-free number (800) 638-2041 or (301) 796-7100 or at its Internet address

<http://www.fda.gov/MedicalDevices/ResourcesforYou/Industry/default.htm>. Also, please note the regulation entitled, "Misbranding by reference to premarket notification" (21 CFR Part 807.97). For questions regarding the reporting of adverse events under the MDR regulation (21 CFR Part 803), please go to

<http://www.fda.gov/MedicalDevices/Safety/ReportaProblem/default.htm> for the CDRH's Office of Surveillance and Biometrics/Division of Postmarket Surveillance.

You may obtain other general information on your responsibilities under the Act from the Division of Industry and Consumer Education at its toll-free number (800) 638-2041 or (301) 796-7100 or at its Internet address

<http://www.fda.gov/MedicalDevices/ResourcesforYou/Industry/default.htm>.

Sincerely yours,

Mary S. Runner -S

Erin I. Keith, M.S.  
Division Director  
Division of Anesthesiology, General Hospital,  
Respiratory, Infection Control and Dental Devices  
Office of Device Evaluation  
Center for Devices and  
Radiological Health

Enclosure

**Indications for Use**

510(k) Number (if known)  
K140435

Device Name  
Medley Gold series oral appliances

**Indications for Use (Describe)**

A customized mandibular repositioning device intended to reduce or alleviate night-time snoring and mild to moderate obstructive sleep apnea in adult patients 18 years or older.

Type of Use (Select one or both, as applicable)

☒ Prescription Use (Part 21 CFR 801 Subpart D)

☐ Over-The-Counter Use (21 CFR 801 Subpart C)

**PLEASE DO NOT WRITE BELOW THIS LINE – CONTINUE ON A SEPARATE PAGE IF NEEDED.**

**FOR FDA USE ONLY**

Concurrence of Center for Devices and Radiological Health (CDRH) (Signature)

Michael E. Adjodha -S

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